

## I PEEL

### pre/post peel guidelines

#### ONE WEEK BEFORE THE PEEL

- 1) Discontinue any topical prescriptions or any products containing Retinol or Vitamin A
- 2) Avoid waxing, electrolysis, depilatory creams, and laser hair removal treatments
- 3) Avoid sun exposure (indoor and outdoor)
- 4) Do not receive Botox or dermal fillers
- 5) Do not have another treatment unless recommended

#### THE DAY OF YOUR PEEL

- 1) Discontinue all use of alpha hydroxy acid (AHA), beta hydroxy acid (BHA) and benzoyl peroxide
- 2) Stop any exfoliating products that may be drying or irritating
- 3) Men do not shave the day of your peel

#### IMMEDIATELY POST- PEEL

After receiving your peel do not use any skin care products that have not been approved by your licensed esthetician or physician. Your treatment was finished with Image products that are safe to be left on your skin for the evening. You may start your Post Treatment Kit the next morning.

#### DAYS 1-7 AFTER YOUR PEEL

##### MORNINGS

- 1) Cleanse your face with **ORMEDIC® balancing facial cleanser**, using warm water
- 2) Apply **ILUMA™ intense lightening serum** all over the face to calm and lighten post treatment skin
- 3) Protect skin with **PREVENTION+ ultimate protection moisturizer SPF 50**, reapply as needed

##### EVENINGS

- 1) Cleanse your face with **ORMEDIC® balancing facial cleanser**, using warm water
- 2) Apply **the MAX™ stem cell crème** all over the face for optimal correction, protection and nutrition while the skin is at rest

\* **VITAL C hydrating enzyme masque** may be applied 2-3 times during the week to reduce any visible shedding/flaking, while infusing the skin with antioxidants to protect and hydrate the skin.